

Pair of Crochet Breasts – Teaching Aids



Materials

3.25mm Hook
 2 shades of Double Knit Yarn (or alternative)
 Stitch Marker
 Yarn Needle
 Stuffing

Abbreviations

SC = Single Crochet
 SC2TOG = Single Crochet next 2 stitches together
 St = Stitches
 BLO = Back loop only
 FLO = Front loop only

Pattern for Larger Breast with Protruding Nipple (Can be pushed in to represent Inverted Nipple)

Start with the 1st coloured wool representing the nipple & areola:

Round 1) Create a magic circle with 4 SC (4st)

Round 2) 2 SC in each (8st)

Round 3) FLO: SC in each (8st)

Round 4) SC in each (8st)

Round 5) *1 SC, 2 SC in next* x4 (12st)

Round 6) *2 SC, 2 SC in next* x4 (16st)

Round 7) *3 SC, 2 SC in next* x4 (20st)

Round 8) *3 SC, 2 SC in next* x5 (25st)

Round 9) *4 SC, 2 SC in next* x5 (30st)

In final st of Round 9, introduce & swop to the 2nd colour wool which will represent the breast area.

Round 10) 2 SC, *2 SC in next, 4 SC* x5, 2 SC in next, 2 SC (36st)

Round 11) *5 SC, 2 SC in next* x6 (42st)

Round 12) 3 SC, 2 SC in next, *6 SC, 2 SC in next* x5, 3 SC (48st)

Round 13) 2 SC in next, 3 SC, *2 SC in next, 7 SC* x5, 4 SC (54st)

Rounds 14 & 15) SC in each (54st)

Round 16) *8 SC, 2 SC in next* x6 (60st)

Round 17) 4 SC, *2 SC in next, 9 SC* x5, 2SC in next, 5SC (66st)

Rounds 18 & 19) SC in each (66st)

Round 20) 6 SC, 2SC in next, *10SC, 2SC in next* x5, 4 SC (72st)

Round 21) SC in each (72st)

Round 22) *2 SC in next, 11 SC* x6 (78st)

Rounds 23-25) SC in each (78st)

Round 26) 4 SC, 2 SC in next, *12SC, 2SC in next* x5, 8 SC (84st)

Rounds 27-30) SC in each (84st)

Round 31) BLO: *12 SC, SC2TOG* x6 (78st)

Round 32) *11 SC, SC2TOG* x6 (72st)

Round 33) *10 SC, SC2TOG* x6 (66st)

Round 34) *9 SC, SC2TOG* x6 (60st)

Round 35) *8 SC, SC2TOG* x6 (54st)

Round 36) *7 SC, SC2TOG* x6 (48st)

Round 37) *6 SC, SC2TOG* x6 (42st)

Round 38) *5 SC, SC2TOG* x6 (36st)

Round 39) *4 SC, SC2TOG* x6 (30st)

Round 40) *3 SC, SC2TOG* x6 (24st)

Round 41) *2 SC, SC2TOG* x6 (18st)

Fill breast with stuffing

Round 42) *SC, SC2TOG* x6 (12st)

Round 43) SC2TOG x6 (6st)

Using a yarn needle sew the last 6st closed.

Using a yarn needle and the 1st coloured yarn, embroider stitches to neaten where you switched from the 1st to 2nd colour.

Pattern for Smaller Breast with Flat Nipple (Can be used to represent Inverted Nipple)

Start with the 1st coloured wool representing the nipple & areola:

Round 1) Create a magic circle with 6 SC (6st)

Round 2) 2 SC in each (12st)

Round 3) *1 SC, 2 SC in next* x6 (18st)

Round 4) *2 SC, 2 SC in next* x6 (24st)

Round 5) *3 SC, 2 SC in next* x6 (30st)

Round 6) SC in each (30st)

Round 7) *4 SC, 2 SC in next* x6 (36st)

Round 8) 2 SC, *6 SC, 2 SC in next* x4, 6 SC (40st)

Round 9) *7 SC, 2 SC in next* x5 (45st)

In final st of Round 9, introduce & swop to the 2nd colour wool which will represent the breast area.

Round 10) *14 SC, 2 SC in next* x3 (48st)

Round 11) 2 SC in next, 3 SC, *2 SC in next, 7 SC* x5, 4 SC (54st)

Rounds 12 & 13) SC in each (54st)

Round 14) *8 SC, 2 SC in next* x6 (60st)

Rounds 15-17) SC in each (60st)

Round 18) 4 SC, *2 SC in next, 9 SC* x5, 2 SC in next, 5 SC (66st)

Rounds 19-21) SC in each (66st)

Round 22) BLO: *9 SC, SC2TOG* x6 (60st)

Round 23) *8 SC, SC2TOG* x6 (54st)

Round 24) *7 SC, SC2TOG* x6 (48st)

Round 25) *6 SC, SC2TOG* x6 (42st)

Round 26) *5 SC, SC2TOG* x6 (36st)

Round 27) *4 SC, SC2TOG* x6 (30st)

Round 28) *3 SC, SC2TOG* x6 (24st)

Round 29) *2 SC, SC2TOG* x6 (18st)

Fill breast with stuffing

Round 30) *SC, SC2TOG* x6 (12st)

Round 31) SC2TOG x6 (6st)

Using a yarn needle sew the last 6st closed. Using a yarn needle and the 1st coloured yarn, embroider stitches to neaten where you switched from the 1st to 2nd colour.