

Breastfeeding Support Sessions Wokingham Borough Area

Day	Session type and times	Wokingham Borough Area	Address
Monday	Appointments between 9.30am-11.30am (closed bank holidays)	Wokingham	Brambles Children's Centre, Budges Gardens, RG40 1PX
Monday	Drop-in 1.30pm- 2.30pm alongside Baby Play	Shinfield	Red Kite Children's Centre, Chestnut Crescent, Shinfield, RG2 9EJ
1 st and 3 rd Tuesday of the month	Small group 1.15pm- 2.15pm - some spaces available for pre- booking and some available on drop-in basis on the day. Refreshments available. (term time only)	Woodley	Ambleside Children's Centre, Ambleside Close, Woodley, RG5 4JJ
alternate Wednesdays (email for dates)	Appointments at 10am and 10.45am (term time only)	Winnersh	Rainbow Park Children's Centre, Wokingham, RG41 5SG
2 nd Friday of the month	Appointment 9.30am- 10am, drop-in 10am- 11am alongside Baby Play	Finchampstead	Finchampstead Baptist Church Centre, Gorse Ride North, Finchampstead, RG40 4ES
Can be arranged to suit	Video call/Phone call varied	-	-

Updated April 2023

For support in other areas, please check the website www.breastfeedingnetwork.org.uk